



Bharata Mata Extension For Organic, Research and Environment (BeFORE) is an outreach wing of Bharata Mata College. BeFORE is established in the year 2017. Through BeFORE, we take the opportunity to upgrade our social commitment towards the society and also enrich our interest in networking and involving with the various stake holders for the upliftment of the society. Ever since the date of establishment, BeFORE is actively involving as a change agent in the community through the students and staffs of Bharata Mata college. As a pioneer institution, we understand that it is the duty of the college to stand for the environmental, demographic, socio economical development of the society and are catering to the requirement to the maximum. Since 2017, the contribution of BeFORE could be seen spread in various areas especially towards various women entrepreneurship projects, educational support programmes, research studies, Transgender support programmes, water and sanitation programmes etc.

Major objectives of BeFORE are:

- To organize and implement the development projects in the area of education, Health, environment, entrepreneurship, water and sanitation etc.
- To organize projects and conduct training programmes for the development of the marginalized section, SC/ST/Tans gender etc.
- To be a change agent for the student community to think beyond their curriculum, to have a better social outlook and their by uplift the society.

Programmes and activities of BeFORE are carried out by focusing on five sectors which are as follows:

### **1. In-house activities**

Various in-house activities such as agricultural, gardening, workshops, training, awareness programmes, IEC activities etc are conducted in the college which will have positive impact on the students' community.

## 2. Government funded projects

BeFORE provides more focus to be involved in government funded projects where the college can be directly involved and contributed for the development of the community. At present BeFORE is having three projects in Ernakulam and Thrissur district - Social Impact assessment, Jal Jeevan Mission and TG Sureksha Project .The students from our college get a chance to be placed in these projects.

## 3. Collaboration with institutions

BeFORE gives more importance to collaborations with various stakeholders like CSR companies, Government Departments, NGOs etc.

## 4. Internships.

Social work students from Bharata Mata College and other colleges do their internships in the various projects of BeFORE, where they can apply their theoretical knowledge into practice

## 5. Facilitation

In connection with various stake holders, BeFORE is acting as a facilitator for its beneficiary community in the area of education, employment generation etc.



## **ACTIVITY REPORT OF THE YEAR 2021-2022**

Currently BeFORE has two government funded projects, Jal Jeevan Mission(JJM) and Transgender Sureksha project in collaboration with Kerala Water authority and Kerala State Aids Control Society respectively

### **I. Jal Jeevan Mission**

Jal Jeevan Mission (JJM) is envisioned to provide safe and adequate drinking water through individual Functional Household Tap Connections (FHTCs) by 2024 to all households in rural India. JJM is based on a community approach to water and will include extensive Information, Education and Communication as a key component of the mission.

BeFORE has conducted various activities in the adopted panchayath to give awareness and orientation on various aspects of water quality management, water testing, water born diseases etc in connection with JJM.

#### **➤ Conducted JJM Orientation at Ellamkunnappuzha Panchayath on 19<sup>th</sup> November 2021.**

JJM Orientation session for the panchayath body was conducted at Ellamkunnappuzha panchayath conference hall on November 19<sup>th</sup> 2021. Mr Tony M Tom, Assistant professor, MSW , Bharata Mata College provided the orientation session. The session included the importance of effective IEC activities related to JJM as well as the water related awareness. Apart from Mr Vijay Ghosh, the project leader, various representatives from Kerala Water Authority and Ellamkunnappuzha Panchayath board members were present in the session.



➤ **Water and sanitation awareness class for ‘Vayojanakootayma’**

BeFORE in collaboration with Kudumbasree conducted awareness class for vajojanakootayma (group of elderly people) as a part of Jal Jeevan mission. Session included Awareness on water quality issues, water- borne diseases and health.



➤ **Conducted study for Haritha Karma Sena**

A feed study of Haritha Karma Sena at Ellamkunnappuzha Panchayath was conducted with the support of VEO (Haritha Karma Sena in charge) of Mulavukad Panchayat and Kudumbasree CDS, chair person. As part of the study, 160 houses were visited from different wards of the panchayath and data were collected on the efficiency of Haritha Karma Sena in handling the waste management





➤ **Focus group discussion**

Several focus group discussions were conducted among school going children. The main aim was to understand the perception of children and to plan more activity based on the feedback assessment.

➤ **FGD on Gender neutrality among the UP and High school students, on 08<sup>th</sup> January 2022**

Conducted focus group discussion on Gender neutrality among the UP and High school students of Ellamkunnappuzha panchayath on 08<sup>th</sup> January 2022. The programme was to have an understanding on the government policy making regarding the gender neutral uniforms for school children. Selected 7 Girls and 5 boys participated in the discussion.



➤ **FGD on Online education and mobile phone addiction**

Conduct a Focus Group Discussion at St. Antonys Church, parish hall on 19<sup>th</sup> February 2022 for school children on online education and mobile phone addiction. 14 UP high school students actively participated in the discussion.



➤ **FGD on Menstrual Hygiene**

Conducted a Focus Group Discussion at St. Antonys Church, parish hall on 19<sup>th</sup> February 2022 on Menstrual Hygiene for girl's above the age group of 10 and 11 girls participated.



➤ **Snehapoorvam Campaign**

Snehapoorvam campaign is a movement started to honour the Covid brigadiers. An appreciation letter was sent to the identified persons who were actively involved during the pandemic period. The programme was conducted at Police station, family health centre and panchayat of Ellamkunnappuzha on 19<sup>th</sup> February 2022.



**Snehapoorvam Campaign at Police station**



**Snehapoorvam Campaign at Hospital**



**Snehapoorvam Campaign at Panchayat**

➤ **Awareness Classes on Waste Management**

From the need assessment study it was highlighted that an awareness session about waste management, water quality issues, water-borne diseases and health needed to be given to the various stake holders of the Udaymperoor panchayath. The awareness classes were conducted in different participant groups including anganwadi teachers, CDS members, Asha workers, MGNREGS groups and SHG groups. The awareness sessions were delivered effectively by



incorporating the participants. The ward members were contacted Before conducting awareness classes in different wards and complete cooperation and assistance were provided by the ward members. Five awareness classes were conducted in different wards.





➤ **Street Play**

Street play was conducted on 16<sup>th</sup> February 2022, in ward 9, poothotta of udayamperoor panchayath to create awareness among the people about the importance of water, the need to keep it clean and the *Jal Jeevan Mission* Project. Ward member Mr.Kusuman helped to arrange the required facilities. At two o'clock in the afternoon, social work trainees performed street play on the road in front of the anganwadi. People from the anganwadi and kudumbasree members were the audience group. All the social work trainees were participated in the street play.



**II. BeFORE-TG Sureksha Project**

BeFORE- TG Sureksha is a project funded by Kerala State Aids Control Society (KSACS) which focuses on Sexual Minorities especially Transgender group who

practice risky behaviour, to prevent and control the spread of HIV/AIDS among them and preventing the spread of HIV/AIDS through high risk groups to bridge population and general community. The Project is aimed at behavioural modification among target community, from unsafe sexual practices and injecting practices.

BeFORE Suraksha Project started functioning from 15 April 2021. So far various activities has been conducted in collaboration with government departments, private organizations and individual for the upliftment of the TG community in Thrissur. The total population of TG project in Thrissur is 450. The major activities were as follows,

## **COMMUNITY MOBILIZATION ACTIVITIES OF TG PROJECT IN HOUSE ACTIVITY**

### **LIONS CLUB FOOD KITS FOR TG COMMUNITY**

Thrissur City Lions Club members sponsor on a monthly basis 10 food kits for our communities who hail from poor background. The beneficiaries also include PLHIVs. Thrissur City Lions club President Mr. Satyan, Secretary Mr. Jayan Mathew and other members also joined the programme and distributed the food kits for the beneficiaries.







### **COVID VACCINATION CAMP**

BeFORE Suraksha TG project arranged Covid vaccination camp for its TG communities in the month of June 2021 in association with Social Justice Department and District Administration at Thrissur Balabhavan. It was a full fledged camp and most of our communities including 55 of them participated in the camp and took covishield vaccination. District Medical Officer Dr.Reena inaugurated the function. Social Justice Department Officer Mr.Ashger Shah provided full support for organizing the camp. The camp was sponsored by ESAF organization.



### **FOOD KITS SPONSORED BY SOCIAL JUSTICE DEPARTMENT**



Food kits for transgender community provided by Social Justice Department ( which is issued by Govt of Kerala during Covid pandemic situation) were distributed to 65 transgender community registered with our project on June 7<sup>th</sup>, 2021. The kits were distributed at Social Justice Department office at Thrissur. Mr.AshgerShah , officer of Social Justice Department inaugurated the distribution function .



### **ONLINE STI AWARENESS CLASS FOR TG COMMUNITY**

An STI awareness class have been provided for our Transgender Community on June 9<sup>th</sup>, 2021 by Thrissur Medical College Pulari Counselor Ms.Chithra . Around 30 of our TG community participated in the session. The session dealt with a detailed session about various sexually transmitted infections and their symptoms. The session was very informative for our HRGs.

### **FOOD KIT SPONSORED BY FATHER DAVID CHIRAMEL**

Rev. Father David Chiramel , popularly known as the Kidney Priest, is an Indian Catholic Priest and the founder of the Accident Care and Transport Service (ACTS) and the Kidney

Federation of India. Father David Chiramel is a well wisher of Before TG project. During this period Father have sponsored kits of around 3 lakhs for transgender community. He also sponsored oximeter, nebuliser and vaporiser for our community during covid pandemic period. Thrissur Mayor Mr.Varghese inaugurated the food kit distribution sponsored by Father David Chiramel on June 12<sup>th</sup>,2021.





### **FOOD KIT SPONSORED BY MALAYALAM FILM DIRECTOR OMAR LULU**

It was a great privilege for Before TG Suraksha project to get sponsorship from Malayalam film Director Omar Lulu during the covid pandemic period for our transgender community. He sponsored 25 food kits along with 25 sarees for our community on June 16,2021. The sarees were sponsored by SM Silks, Kollam. The programme was inaugurated by Mr. Anwar, a famous social activist.



### **FOOD KIT SPONSORED BY THANAL CHARITABLE SOCIETY**

A food kit programme was arranged on 30 June 2021 at project office. The food kits were sponsored by Thanal Charitable Society, a charitable society formed by Thrissur Medical College employees. They sponsored 15 food kits for our transgender community. The function was inaugurated by Thrissur District Panchayat member Ms.Lini Teacher. Thanal Charitable Society President Mr.Mohanana and Secretary Mr. Rajeev attended the function.





### **Onam Programme – ONAMNILAVU**

BeFORE TG SURAKSHA programme conducted Onam programme “ONANILAVU” on August 16<sup>th</sup> and 17<sup>th</sup> . The programme was arranged in two days due to covid restriction in our office. On August 16<sup>th</sup>, the first day of the programme was conducted with 10 HRGS. We provided Onam Sadhya along with kit sponsored by LIONS Club people. The second day of the programme was conducted on August 17<sup>th</sup>, with 20 HRGS. 20 Kerala saree were sponsored by Lions Club Thrissur. Thrissur DYFI President P.B.Anoop inaugrated the function. DYFI members Adv. Vysakan, DYFI local committee members Mr.Srilal, Mr.Ragesh participated in the function. Onam Sadhya was sponsored by DYFI Thrissur unit.





## **FOOD KITS SPONSORED BY GHOONJ NGO**

GHOONJ NGO situated at Kochi sponsored 25 food kits for our transgender community in connection with covid pandemic situation. It was a good initiative by Ghoonj NGO for our community. They have also planned to associate with the project for providing support for our transgender community.

## **KUDUMBASREE FORMATION**

In association with kudumbasree formation in our project for our transgender community, a community event has been conducted in office on September 25<sup>th</sup>, 2021 .Kudumbasree Block Coordinator Ms.Divya Mol inaugurated the meeting. Persons for the posts including Kudumbasree President, Secretary and other important posts were selected on the same day.







### **TRANSGENDER REMEMBRANCE DAY**

In accordance with the Transgender Remembrance day on November 20, an online seminar have been arranged through Google meet . The participants were DD-TI KSACS Ms.Balamanju , TSU Team leader Mr.Harikumar , Palakad region Project Officer Ms.Hymavathi, TSU Technical Expert Dr. Praveen, Thrissur Additional DYSP Mr.Abdul Khader , TG activist Ms.Sheethal , TG Cine Artist Ms.Deepthi Kalyani, Adhwaitham CBO President Ms.Neha and 53 transgender communities participated in the seminar. The seminar was inaugurated by Mr. Abdul Khader ,Thrissur Additional DYSP . A class had been organised by Dr. Praveen, Technical Expert, TSU on the topic “Mental Study of Transgender”. As a part of remembrance day a gathering of Transgenders at Thekkinkadu Maithan, Thrissur were organized . Around 35 transgender community participated in the evening programme.



## **WORLD AIDS DAY PROGRAMME**

As a part of World AIDS Day 2021, BeFORE Suraksha TG Project coordinated the candle lighting program at Thekkegopura Nada in Thekkinkadu Maidan which is the heart of the town with high visibility of transgenders as well it is most suitable for conveying awareness among mass population.

Thrissur Jilla panchayath President P.K.Davis inaugurated candle lighting program and more than 100 general public and 42 TGs participated. Everybody who was present on the occasion took pledge of the year.

On December 1, as a part of World Aids Day 2021 conducted CBHS Camp and exhibition at North Stand. Respected Health Inspector Mr.Satheesh inaugurated the exhibition. As a part of awareness generation, IEC materials were distributed to general public.

CBHS Camp was inaugurated by duty police officer. 6 direct beneficiaries and 48 indirect beneficiaries were addressed through the camp to know their status of HIV / AIDS.

Red ribbon was pinned to both officers.







### **COMMUNITY EVENT – QUEEN OF TRANS 2021**

BeFORE TG SURAKSHA project conducted community event “ QUEEN OF TRANS” on December 24, 2021 at Town Hall, Thrissur. The programme started by 10a.m in the morning . Before TG Suraksha Project Director Mr.Tony.M.Tom delivered the welcome speech. The event was inaugurated by honorable Social Justice and Higher Education Minister Prof.R.Bindhu. Chief guest of the programme was Ms.Sruthy Sithara (Miss Trans Global 2021). The felicitation speech were delivered by Ms.Surya( State TG Board Member). Palakad Region Project Officer Ms.Hymavathi.N.

During the community event we conducted ICTC camp with the help of Chavakkad ICTC Counselor and technician. Also during the event we conducted health camp with the support of Dr.Sangameswaran. the programme began at 12 noon. Group dance, Single dance, fashion show of transgender community were conducted during the programme. Around 200 transgenders participated in the programme.







## **DRIVE IN COLLECTION CAMP**

DATE: 6 OCT 2021

### **DRIVE IN COLLECTION CAMP**

BeFORE, in association with goonj was conducted material collection drive camp wherein any usable materials could be contributed by the people. All kinds of clothes especially sarees, woollens, footwear , toys , books, stationery , cooking utensils, hosiery materials/ cotton cloth and other household essentials are collected from people so that it could be of help to the needy especially in this pandemic phase. The drive was started in october 6 and ended up in November 6, 2021. The students from various departments of etire college was participated in the collection drive. The handing over ceremony of collected materials was done on November 25<sup>th</sup>. The programme was inaugurated by Dr.ShinyPalatty, principal of Bharata Mata College.Mr. Shalu representative from Goonj NGO,Mr Nijil, alumnus of department of English , 2016 batch, Mr Tony M Tom , Assistant professor , Project coordinator and Student memebrs of BeFORE were also presented in the gathering.





## Green Campus Programme

Date : 1 Dec 2021

With a vision to make Bharata Mata Campus to Green campus BeFORE initiated green campus programme. As a part of CSR of Mahindra Logistics, Green Campus Programme was inaugurated in association with and Nature club Of Bharatamata College. The program was initiated under the presence of Asst Manager Rev Fr Jimmy Karthanam , Ms Lakshmi , Asst Prof. Dept Of Zoology , Mr Tony M Tom , Asst Prof, MSW & BEFORE Coordinator , Mr Ram Praveen Swaminatha - MD & CEO OF Mahindra Logistics Ltd AND Other Senior leaders of Mahindra Logistics from Mumbai Mr. Kannan Chakravarthy, Mr. Edwin Lobo, Mr. Vishal Barnabas Mr. Srinivas Pamidimukkala. Also Kerala Head Mr. Bonny Joseph and other Mahindra Kerala team graced the occasion with their presence. Around 50 students participated in the program. A documentary was also screened for the students.









## PLANTING SAPLINGS

DATE : 22 November 2021

As a part of Green Campus, members of Club B4 took active participation in planting various saplings in the campus under the guidance of Mr Tony M Tom , Asst Prof, MSW & BEFORE Coordinator. Medicinal and ornamental plants were planted. the area near the canteen was selected and cleared by the students after which the plants were carefully planted.







## **DEBATE COMPETITION- INTERNATIONAL WOMEN'S DAY CELEBRATION**

DATE : 3 MARCH 2022

2:30 p.m.

Venue: Radio garden

As part of International Women's Day celebration, BeFORE, Department of MSW & BMC Debate Club in association with Department of Women & Child Development, MahilaShakthi Kendra, Ernakulam District organised a debate competition. Topic of debate was ഇന്ത്യയിലെസ്ത്രീശാക്തീകരണവുംലിംഗനീതിയും. 14 students from various

department participated of which 5 students – Aswathys kumar ( MSW), Anithamary ( MSW) , Nevin( Department of English) , Christima( Department of Chemistry) and Gavin John( BCom ) were selected to represent the college at the district level. Judging panel consisted of Ms Arya Chandran from MSW Department , Dr Rose Sebastian from English department and Mr Muhammad Hazeeb and Ms Amritha from social justice department. The debate was coordinated by Mr Tony M Tom ,Asst Prof, MSW & BEFORE Coordinator and Ms Merin Jos , Asst Prof , Department of English.



**As part of International Women's Day celebration, \*BeFORE, Department of MSW & \*BMC Debate Club\* in association with \*Department of Women & \*Child Development, \*Mahila Shakthi Kendra, \*Ernakulam District\* is organising a debate competition.**

**“ ഇന്ത്യയിലെ സ്ത്രീശാക്തീകരണവും ലിംഗനീതിയും ”**

**THURSDAY  
03/03/22  
Radio Garden  
2:30 pm**

**WIN CASH PRIZE + TROPHY**

**FOR MORE INFORMATION**  
Muhammad Rafi :- 8086593355  
Aswathy Sivanandan :- 7994918117  
Revathy K J :- 6282783701

**Please note:**  
\* It is an individual competition  
\* Each participant need to talk for or against the topic for about 5 minutes.  
\* Best 5 participants will be selected to represent the college at the district level.  
\* The decisions of the judges will be final.





### **EARTH HOUR:26 MARCH 2022**

The earth hour was observed on March 26 2022. It encourage individuals family, communities to turn off non-essential electric lights for one hour, from 8.30 to 9.30as a symbol of commitment to the planet. Members of BeFORE club and Radio BMC actively participated in the programme..

